**✅ Improved Activity 3: Build Your Personal Support Strategy Checklist**

**🎯 Learning Goal:**

Enable learners to identify and internalize best practices for **making effective use of pre, career support systems** by customizing their own action checklist.

**🎙️ Voiceover Activity Introduction:**

"You have explored where support systems exist, and how they help. But how do you actually use them well? In this activity, you are going to build your own checklist of smart strategies. Click on the ones you think will help you make the most of your support systems."

**Learner Instructions:**

Your task is to choose at least **five** strategies that you believe will help you succeed. Every time you click a strategy:

* ✅ You will see a short tip explaining why it works.
* 🌟 It will glow and get added to your personal checklist.

Be careful, some options are distractions. If you choose one, I’ll give you a gentle hint to help you think again.

💡 Tip: Imagine you are planning your own path to success, pick actions that open doors, build connections, and help you grow."

**🎮 Type: Clickable Checklist Builder / Interactive Roadmap**

**🖼️ Media:**

* Background: Illustration of a “success roadmap” or digital clipboard.
* Icons: Strategies visualized with symbols (e.g., a calendar for "regular communication", a magnifying glass for “ask questions”).

**🖱️ Interaction Instructions:**

Learner sees **8 strategies**, and clicks on at least 5 to build their checklist. For every selected strategy:

* ✅ A **tooltip** or Pop-up shows a short explanation/example.
* 🌟 A **tick and glow effect** adds it to the learner’s checklist visually.

**✅ Strategies (With Feedback per Selection):**

| **Strategy** | **Feedback Tooltip (After Selection)** |
| --- | --- |
| **Put recommendations into action** | *“Great choice! Support only works when you apply it. Acting on advice shows commitment.”* |
| **Maintain regular and honest communication** | *“Nice! Staying in touch builds trust. Honesty helps supporters guide you better.”* |
| **Join clubs or extra activities** | *“Smart! These places often provide informal mentorship and peer guidance.”* |
| **Be clear about your goals** | *“Perfect! When you are clear about what you want, others can help you better.”* |
| **Ask questions** | *“Excellent! Asking questions is a sign of strength, it helps you grow and stay curious.”* |
| **Seek diverse sources of support** | *“Great thinking! One perspective is not always enough. Exploring different views helps you make better decisions.”* |
| **Stay consistent with follow, up** | *“Yes! Following up shows you are serious and builds long-term support relationships.”* |
| **Reflect before reacting** | *“Wise choice! Thinking before reacting to advice helps you use it more effectively.”* |

**❌ Distractor Options (Incorrect Choices)**

| Distractor | ❌ Incorrect Feedback |
| --- | --- |
| Wait for someone to approach you | *“Hmm... It is great when people offer help, but relying on that can leave you stuck.”* |
| Only talk to people your age | *“Not quite. Friends are great, but adults or mentors often have more experience and can guide you better.”* |
| Ignore advice you disagree with immediately | *“Careful, sometimes advice feels uncomfortable at first, but it is worth considering.”* |
| Keep problems to yourself to avoid bothering others | *“That sounds respectful, but staying silent can make challenges worse.”* |

**🏁 Activity Conclusion:**

🎙️ “Fantastic! You have just built your own guide to success. These strategies aren’t just tips, they are tools. Whether it is school, home, or the community, use your checklist to get more out of every support system. Well done!”

**✅ Key Takeaways**

* Solutions to challenges include being proactive (taking initiative), seeking diverse resources, clarifying your goals, asking questions, and focusing on what works best for you.
* Effective use of support systems involves actively following advice, communicating honestly, participating in relevant activities, and being clear about your needs.
* Overcoming challenges often requires a combination of systemic changes and personal effort.
* Everyone can play a role in improving support systems.
* Solutions should be inclusive, accessible, and realistic.